

March 18 - 24, 2024



# **University Pack 2024**

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## Introduction:

Neurodiversity Celebration Week takes place from Monday 18th March - Sunday 24th March 2024

Founded by Siena Castellon in 2018, Neurodiversity Celebration Week is a worldwide initiative that challenges stereotypes and misconceptions about neurological differences. It aims to transform how neurodivergent individuals are perceived and supported by providing schools, universities, and organisations with the opportunity to recognise the many talents and advantages of being neurodivergent, while creating more inclusive and equitable cultures that celebrate differences and empower every individual.

All of the ideas in this pack are designed to help universities celebrate and take part during the week. The activities and ideas outlined are aimed at university audiences, and we hope you find them useful!



#### **Download our NCW resources**

Download our neurodiversity quiz, posters, PowerPoint presentation and other resources.

Click here



"Choose from our wide array of posters that celebrate the talents and achievements of the neurodivergent community. Display these in your Student Support Services, Department noticeboards, the Students Union, the Library or Lecture Halls and your halls of residence!"



Ryan Gosling has ADHD?



Did you know...



Greta Thunberg

is autistic?



Lewis Capaldi has tourette's?



Whoopi Goldberg is dyslexic?

#### Host an event or activity



Host neurodiversity awareness activities in your classes or student groups. Explore our downloadable templates or craft your own!

Click here

#### Here are some suggestions:

- Host a neurodiversity-themed event in your Students Union
- Invite neurodivergent students to talk about and share their lived experiences
- Ask a staff member of the Student Support and Wellbeing team to host a lunchtime lecture / informal gathering / Zoom meet-up based on the topic of neurodiversity
- Give a PowerPoint presentation on neurodiversity

- Invite neurodivergent guest speakers
- Display Neurodiversity Celebration
  Week messages on electronic display
  boards around your University, or
  download our posters and display
  them in building hallways
- Encourage neurodivergent students to create student-run neurodiversity groups and / or to run their own events
- Communicate and sign-post where students can access neurodiversity resources and support within your University

Download our PowerPoint presentation

Click here



#### **Free Neurodiversity Week Events**

We'd recommend signing up to the free neurodiversity week events. We are sure you'll find the range of panel discussions, around the topic of education and the workplace, insightful and inspiring! Take a look at the events schedule here: neurodiversityweek.com/events

## **Training**

Arrange a neurodiversity training session for teachers and University staff members.

Although about 15% of all students are neurodivergent, most teachers and staff do not have the training and knowledge needed to support and empower their neurodivergent students.



#### Here are some suggestions:

- Ask a member of the Student Support and Wellbeing team to give a presentation to University staff
- Invite neurodivergent students to give a talk to their lecturers and University staff about their lived-experience
- Parents of neurodivergent students could be invited to speak to teachers and University staff about how to support their children
- Encourage lecturers and staff to read the free resources available to download at the below link



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## **Share your stories**

Share your Neurodiversity Celebration Week events and activities on social media.



Become part of the neurodiversity movement and celebrate the strengths and talents of the neurodivergent community by sharing your events and activities.

Share your activity on social media using the hashtags
#NeurodiversityCelebrationWeek #NeurodiversityWeek #NCW
and encourage other schools to take part.





Tag us on Instagram at **eneurodiversityweek** 



Tag us on LinkedIn at **Neurodiversity Week** 

#### #ThisIsND

We'd love for you to share your stories! Using the hashtag **#ThisIsND**, we aim to celebrate the strengths, talents, and raise awareness of lived experiences of neurodivergent individuals.

What does neurodiversity look like to you?





Download the Social Media Pack.

Access templates and other resources to help
you share and show your participation in NCW.

Click here





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